



Celebrating Fifty-Two Years of Excellence

CHEEZIC TANG SOO DO KARATE FEDERATION
KARATE KAMP WEEKEND 2010

JULY 30 - AUGUST 1, 2010

AT KAMP TANG SOO (BOBRIKA), COLEBROOK, CT

FOR ALL STUDENTS, FAMILY MEMBERS AND FRIENDS OF CHEEZIC TANG SOO DO

WHAT TO BRING

Your sleeping accommodations: you must bring or share a **tent** with a friend(s).

Campers should also bring: **karate uniform, sneakers, long & short sleeved shirts, three changes of socks/underwear/ clothes, soap, toothbrush, toothpaste, deodorant, towels, bug spray, toilet paper** and a **martial arts attitude!**

WHAT WILL BE PROVIDED TO YOU

All **meals**, Friday dinner to Sunday lunch will be provided.

All **seminars** from Friday through Sunday.

Showers and bathrooms on site.

Kamp **t-shirt**, Friday night **dancing** 7-10pm

Saturday night **Full Moon Ninja Hunt**

Saturday night **7th Annual Iron Chef Contest** (please pre-register), Sunday morning **team demo competition** and games including **egg toss, egg run, egg catch, egg miss, tug of war, hot air balloon parachute dive** (closest to the dumpster), **catch the greased pig, and watermelon chomp**. Prizes may be awarded!

COST: Children to age 14: \$80; age 15 through adult: \$85; cost at the door on the day of camp: \$90. Complete this form & mail with a check to: Cheezic Tang Soo Do, 19 Mohawk Drive, Wolcott, CT 06716, **before July 9, 2010. Admission bracelets will be provided.** Thank you and see you at camp!

KARATE KAMP FAMILY SPECIAL

Register 2 family members at full price and all other immediate family members pay half price!

NAME	AGE	SEX	KARATE SCHOOL	SHIRT SIZE (CHILD S-M-L/ ADULT S-M-L-XL- XXL)

Kamp Directions: Rt 8 to Winsted - Rt 44 and Rt 183 through Winsted. Take right 183 thru Colebrook (approx 5.5 mi) to right turn YMCA Camp Jewel & Bobrika. Continue 2.5 miles, right on Fritz Rd. Camp is 1.5 miles straight ahead.